## MENU WEEK 1 October 29-Nov 4, December 10-16, January 21-27, March 3-9, April 14-20

		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
В		Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee
R		Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes
l E		Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal
K		Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of wheat	Oatmeal/cream of
F		wheat	wheat	wheat	wheat	wheat	Toast/muffin	wheat
Α		Toast/muffin	Toast/muffin	Toast/muffin	Toast/muffin	Toast/muffin	Egg- scrambled/boiled	Toast/muffin
S		Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Yogurt/Cheese	Egg- scrambled/boiled
		Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese		Yogurt/Cheese
		Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	<mark>Regular</mark>	Regular/Ground
L		Turkey Pie/Gravy	Homemade Chicken	Corned Beef Stew	Pancakes and Sausages	Lobster Salad in a bun	P <mark>izza Day</mark> !	Broccoli Soup
U		Vegetables	Noodle Soup, Biscuit	Or Cook's Choice	(Ground Sausages	Chips/cheezies	<u>Ground</u>	Biscuit
N							Pizza Casserole	
С		<mark>Puree</mark>	<mark>Puree</mark>	<mark>Puree</mark>	<mark>Puree</mark>	<mark>Puree</mark>		<mark>Puree</mark>
Н		Pureed Turkey Pie and	Puree Chicken Soup	Puree Corned Beef Stew	Puree Pancakes and	Cook's Choice	<u>Puree</u>	Pureed Broccoli Soup
		Vegetables	with Biscuit		sausages		Puree Pizza Casserole	and Biscuit
		Alternate: Soup/Sandwich	Albania da Carra /Carra la dala	Albania da Carra (Carrallo da la	Alta ana atau Carra (Carra da da la	Albania abas Casas ICan destala		Albana atau Canna /Canada iala
	December		Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	A sala sala sala	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich
	Dessert	Bananas	Baker's Choice	Strawberries	Applesauce	Pie	Pears	Ice Cream
	Snack	Social Tea	Fruit Newtons	Wafer Cookies	Turnovers	Graham Crackers	Applesauce Cups	Popsicles
		Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground
S		Corned Beef (Ground	Haddock Bites, Mashed	Shake and Bake Chicken	Liver and Onions	Pork Chops/Ground	Parmesan Salmon,	Honey Garlic Meatballs
U		Corned Beef), Cabbage	Potatoes, California	(Ground chicken),	(Ground Liver), Roasted	Pork, Mushroom Gravy,	Mashed Potatoes, Peas	Potatoes, Mixed
P		Gravy, Boiled potatoes	Blend Vegetables	Mashed Potatoes,	Potatoes	Mashed Potatoes	Chow	vegetables, Bread and
Р		Carrots	Tartar Sauce	Squash, Cranberries	Waxed beans, Chow	Broccoli, Applesauce		Butter Pickles
D E								
11		Duraa	Durgo	Durgo	Duraa	Durgo	Durgo	Durgo
		Pureed Corned Beef	Puree Puree Fish, Mashed	Puree Chicken, Squash,	Puree Cook's Choice	<mark>Puree</mark> Puree Pork, Gravy	<mark>Puree</mark> Puree Salmon, Puree	Puree Puree Meathalls, Puree
		Pureed Corned Beef,	Puree Fish, Mashed	Puree Chicken, Squash,	<mark>Puree</mark> Cook's Choice	Puree Pork, Gravy,	Puree Salmon, Puree	Puree Meatballs, Puree
		Pureed Corned Beef, Carrots, Mashed				Puree Pork, Gravy, Puree Broccoli, Mashed		Puree Meatballs, Puree Vegetables, Mashed
		Pureed Corned Beef,	Puree Fish, Mashed	Puree Chicken, Squash,		Puree Pork, Gravy,	Puree Salmon, Puree	Puree Meatballs, Puree
		Pureed Corned Beef, Carrots, Mashed	Puree Fish, Mashed	Puree Chicken, Squash,		Puree Pork, Gravy, Puree Broccoli, Mashed	Puree Salmon, Puree Peas, Mashed Potatoes	Puree Meatballs, Puree Vegetables, Mashed
		Pureed Corned Beef, Carrots, Mashed Potatoes, Gravy	Puree Fish, Mashed Potatoes, Vegetables	Puree Chicken, Squash, Mashed Potatoes	Cook's Choice	Puree Pork, Gravy, Puree Broccoli, Mashed Potatoes, Applesauce	Puree Salmon, Puree	Puree Meatballs, Puree Vegetables, Mashed Potatoes
	Dessert	Pureed Corned Beef, Carrots, Mashed Potatoes, Gravy Alternative: Soup or	Puree Fish, Mashed Potatoes, Vegetables  Alternative: Soup or	Puree Chicken, Squash, Mashed Potatoes  Alternative: Soup or	Cook's Choice  Alternative: Soup or	Puree Pork, Gravy, Puree Broccoli, Mashed Potatoes, Applesauce  Alternative: Soup or	Puree Salmon, Puree Peas, Mashed Potatoes Alternative: Soup or	Puree Meatballs, Puree Vegetables, Mashed Potatoes  Alternative: Soup or

### MENU WEEK 2 November 5-11, December 17-23, January 28- Feb 3, March 10-16, April 21-27

		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
В		Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee
R		Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes
E		Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal
K		Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of wheat	Oatmeal/cream of
F		wheat	wheat	wheat	wheat	wheat	Toast/muffin	wheat
Α		Toast/muffin	Toast/muffin	Toast/muffin	Toast/muffin	Toast/muffin	Egg- scrambled/boiled	Toast/muffin
S		Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Yogurt/Cheese	Egg- scrambled/boiled
I		Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese		Yogurt/Cheese
		Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground
L		Cheese Omelet, Side	Macaroni and Cheese	Split Pea Soup	Baked Beans and Biscuit	Pullled Pork Sandwich	Harvest Squash Soup	Chicken Fried Rice
U		Salad (hot veg for		Bread		plate, Chips/cheezies	Roll	
N		ground), Bread						
С			<mark>Puree</mark>	<mark>Puree</mark>	<mark>Puree</mark>	<mark>Puree</mark>	<mark>Puree</mark>	<mark>Puree</mark>
Н		<mark>Puree</mark>	Puree Macaroni and	Puree Split Pea Soup	Puree Baked Beans	Cook's Choice	Puree Harvest Squash	Puree Chicken Fried Rice
		Cook's Choice	Cheese				Soup	
		Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich
	Dessert	Bananas	Blueberries	Baker's Choice	Fruit Cocktail	Pie	Vanilla Pudding w/oranges	Bananas
	Snack	Arrowroot	Ice Cream	Social Tea	Newtons	Wafer Cookies	Turnovers	Graham Crackers
		Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground
S		Chicken Breast (Ground	Fish Filet Burgers	Pork Loaf, Mashed	Chicken Flings,	Beef Stew, Dumplings,	Fish Cakes, Peas	Breaded Riblets (Ground
U		Chicken), Gravy,	French Fry Wedges	Potatoes, Mixed	Scalloped Potatoes	Potatoes, Turnip,	Chow	Pork), Mashed potatoes
P		Dressing, Mashed	Chow	Vegetables, Pickles	Broccoli and Cauliflower	Carrots, Chow		Mixed Vegetables
P		Potatoes, Turnip			Chow			Pickles
E		Cranberries						
R			Puree	Puree Puree	Puree Puree	Puree Puree	Puree Puree	<mark>Puree</mark>
		Puree Chieles Crown	Puree Fish, Mashed	Puree Pork, Mashed	Puree Chicken, Puree	Puree Beef Stew	Puree Fish, Puree Peas,	Puree Pork, Puree
		Puree Chicken, Gravy,	Potatoes, Puree	Potatoes, Puree Mixed	Broccoli/Cauliflower,	Turce beer stew	Mashed Potatoes	Mixed Vegetables,
		Mashed Potatoes,	Vegetable	Vegetables	Mashed Potatoes		Widelieu i States	Mashed Potatoes
		Turnip	Vegetable	vegetables	iviasiled i otatoes			iviasiled i otatoes
		Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or
		i Authorite Jour Of	10			•		-
			alternate meat	alternate meat	alternate meat	alternate meat	alternate meat	alternate meat
	Dessert	alternate meat  Baker's Choice	alternate meat Baker's Choice	alternate meat Tropical Fruit Salad	Ice Cream	alternate meat  Apricots	Stewed Rhubarb	alternate meat  Ice Cream

# MENU WEEK 3 November 12-18, December 24-30, February 4- 10, March 17-23, April 28-May 4

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
В	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee
R	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes
E	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal
K	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of wheat	Oatmeal/cream of
F	wheat	wheat	wheat	wheat	wheat	Toast/muffin	wheat
Α	Toast/muffin	Toast/muffin	Toast/muffin	Toast/muffin	Toast/muffin	Egg- scrambled/boiled	Toast/muffin
S	Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Yogurt/Cheese	Egg- scrambled/boiled
'	Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese		Yogurt/Cheese
	Regular/Ground	Christmas Day	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground
L	Grilled Swiss Cheese	Turkey Dinner	Fish Chowder, Bread	Spaghetti with marinara	Sandwich plate	Homemade Chicken	Hamburgers with
U	sandwiches, Side Salad	<u>Regular Menu</u>		sauce and cheese	Chips/cheezies	Vegetable Soup, Roll	tomatoes and cheese
N	(tomato soup for	Regular/Ground					
C	ground)	Bacon and Eggs (Bacon	<mark>Puree</mark>	<mark>Puree</mark>	<mark>Puree</mark>	<mark>Puree</mark>	<mark>Puree</mark>
H	<mark>Puree</mark>	'bits' for ground)	Cook's Choice	Puree Spaghetti with	Cook's Choice	Puree Homemade	Cook's Choice
	Cook's Choice	Puree		Marinara Sauce and		Chicken Veg Soup	
		Cook's Choice	- <i>(</i> - , , , ,	Cheese			
	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich
Desse	1 0	Peaches	Ambrosia	Ice Cream	Pie	Baker's Choice	Bananas
Snac		Applesauce Cups	Popsicle	Crackers with PB	Toast	Cereal	Oatmeal
	Christmas Eve	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground
S	Lobster Plate	Fish and Chips (Guinness	Hot Beef Sandwich	Fried Bologna, Roasted	Sweet and Sour Pork,	Baked Haddock and	Corned Beef Hash, Diced
U	<u>Regular Menu</u>	Beer Battered Cod	Mixed vegetables	Potatoes, Diced Beets	Rice, Green Beans	Cheese Sauce, Mashed	Carrots, Chow
P	Regular/Ground	Filets), French Fries,		Pickle	Pickle	Potatoes, Broccoli	
P	Roast Beef, Mashed	Tartar Sauce, Peas				Cauliflower, Pickle	
E	Potatoes, Gravy, Turnip						<u>Puree</u>
R	Pickled Beets	Puree	<mark>Puree</mark>	Puree Puree	Puree Puree Pork with Sweet	Puree Puree White Fish with	Puree Corned Beef
	- Puree	Puree White Fish, Puree	Cook's Choice	Puree Bologna, Puree			Hash, Puree Carrots
	Puree Roast Beef, Puree	Peas, Mashed Potatoes,		Beets, Mashed Potatoes	and Sour Sauce, Puree Green Beans, Mashed	Cheese Sauce, Puree Broccoli and Cauliflower,	riasii, raree carrots
	Turnip, Gravy, Mashed	White Sauce		beets, iviasirear otatoes	·	Mashed Potatoes	
	Potatoes	Willte Sauce			Potatoes	Mastied Potatoes	
	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or
	alternate meat	alternate meat	alternate meat	alternate meat	alternate meat	alternate meat	alternate meat
Desse		Baker's Choice	Baker's Choice	Applesauce	Mandarin Oranges	Jellied Fruit	Ice Cream
Nght L	ch Yogurt	Pudding	Fruit	Ice Cream	Arrowroot	Social Tea	Fruit Newton

## MENU WEEK 4 Nov 19-25, December 31-Jan 6, February 11-17, March 24-30,

		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
В		Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee
R		Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes
E A		Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal
K		Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of wheat	Oatmeal/cream of	Oatmeal/cream of
F		wheat	wheat	wheat	wheat	Toast/muffin	wheat	wheat
Α		Toast/muffin	Toast/muffin	Toast/muffin	Toast/muffin	Egg- scrambled/boiled	Toast/muffin	Toast/muffin
S		Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Yogurt/Cheese	Egg- scrambled/boiled	Egg- scrambled/boiled
'		Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese		Yogurt/Cheese	Yogurt/Cheese
		Regular/Ground	New Year's Day	Shrove Tuesday Feb 13	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground
L		Western Omelet, Diced	Turkey Dinner	Regular/Ground	Pancakes	Tuna/Ham Melts	Cream of Cauliflower	
U		Carrots, Bread	<u>Regular Menu</u>	Corn Chowder, Piece of	Sausage Rounds	Side Salad (hot veg for	Soup, Roll, (cook 4 bags	Chicken Nuggets
N			Regular/Ground	Cheese, Biscuit	(Ground sausage for	grounds)	hamburger for Sat	Onion rings/French fries
С		<mark>Puree</mark>	Hot Dogs, Sauerkraut		ground texture)		supper)	
Н		Cook's Choice	Puree .	Puree Cook's Choice	Puree Puree	Puree .	Puree f	Puree
			Cook's Choice	COOK S CHOICE	Puree Pancakes and Sausages	Cook's Choice	Puree Cream of Cauliflower Soup	Cook's Choice
		Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich
	Dessert	Baker's Choice	Strawberries	Pears	Apricots	Pie	Baker's Choice	Bananas
	Snack	Wafer Cookies	Turnovers	Graham Crackers	Applesauce Cup	Popsicle	Crackers with Ch Whiz	Toast
	SHACK				'''	'		
_		Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground
S		Steak/Mushrooms Onions/Gravy, Mashed	Cod Nuggets, Steamed Potatoes, California	Hamburger Gravy, Mashed Potatoes	BBQ Ribs (Ground Pork with Gravy), Roasted	Chinese Theme Night! Chicken Fried Rice,	Dill Salmon Filets, Mashed Potatoes, Green	Lasagna, Toss Salad (6 pans, 4 sauce)
P		Potatoes, Turnip	Mixed Vegetables,	Broccoli/Cauliflower	Potatoes, Wax beans	Chicken Balls, Egg rolls	Beans, Tartar Sauce	(6 paris, 4 sauce)
P		Bread butter Pickles	Tartar Sauce	Chow	Pickles	Sweet and Sour Sauce	beans, raitai sauce	Puree Puree
E		Diedu Duttei Fickies	Tartar Sauce	CHOW	FICKIES	Sweet and Sour Sauce	<mark>Puree</mark>	Puree Lasagna
R		<mark>Puree</mark>			<mark>Puree</mark>	Puree Puree	Puree Salmon, Puree	T di ce Eddagila
11		Puree Beef, Puree	Puree Fish, Puree	Puree Hamburger	Cook's Choice	Cook's Choice	Green Beans, Mashed	
		Turnip, Mashed	California Mixed	Gravy, Puree Broccoli,	COOK COMOIG		Potatoes, Sauce	
		Potatoes, Gravy	Vegetables, Mashed	Cauliflower, Mashed				
			Potatoes, Sauce	Potatoes				
		Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or
		alternate meat	alternate meat	alternate meat	alternate meat	alternate meat	alternate meat	alternate meat
	Dessert	Tropical Fruit Salad	Baker's Choice	Baker's Choice	Ice Cream	Pineapple	Fruit Cocktail	Ice Cream
	Nght Lch	Cereal	Oatmeal	Yogurt	Pudding	Fruit	Ice Cream	Arrowroots

## MENU WEEK 5 November 26- Dec 2, January 7-13, February 18-24, March 30-April 6,

		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
В		Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee
R		Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes
E		Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal
K		Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of wheat	Oatmeal/cream of
F		wheat	wheat	wheat	wheat	wheat	Toast/muffin	wheat
Α		Toast/muffin	Toast/muffin	Toast/muffin	Toast/muffin	Toast/muffin	Egg- scrambled/boiled	Toast/muffin
S		Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Yogurt/Cheese	Egg- scrambled/boiled
Т		Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese		Yogurt/Cheese
	SOUP	Easter Dinner	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground
L		Ham Dinner	Quiche, Side Salad (hot	Baked Chicken Salad	Macaroni and Cheese	Seafood Sandwich	Baked Beans and Brown	Homemade Beef and
U	,		veg for ground)	Casserole		Chips/Cheezies	Bread	Barley Soup, Biscuit
Ν	ENTRÉE	<u>Regular Menu</u>						
С		Regular/Ground	Puree .	Puree Puree	Puree Puree	Puree .	Puree Puree	Puree 1 2 6
H		Goulash	Cook's Choice	Puree Baked Chicken	Puree Macaroni and	Cook's Choice	Puree Baked Beans	Puree Homemade Beef
		Puree Puree		Salad Casserole	Cheese			and Barley Soup
		Puree Goulash						
		Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich
	Dessert	Baker's Choice	Baker's Choice	Peaches	Applesauce	Pie	Stewed Rhubarb	Ice Cream
	Snack	Crackers with PB	Toast	Cereal	Oatmeal	Yogurt	Pudding	Crackers with Whiz
	SOUP	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground
S		Roast Pork, Turnip,	Breaded Fish, Potatoes	Hot Pork Sandwich,	Sweet and Sour	Chicken Stew,	Fried Haddock, Mashed	Chicken Shepherd's Pie
U	ENTREE	Gravy, Mashed Potatoes	Peas and carrots, Chow	Mixed vegetables,	Sausages (Ground Pork	Dumplings, Potatoes	Potatoes, PEI Blend	
Р		Bread and Butter		Pickles	with Gravy), Steamed	Carrots, Turnip	Vegetables, Tartar Sauce	<mark>Puree</mark>
P		Pickles	<mark>Puree</mark>		Potatoes, Waxed Beans	Cranberries		Puree Chicken
E		<mark>Puree</mark>	Puree White Fish, Puree	<mark>Puree</mark>	Mustard Pickles		Puree Puree	Shepherd's Pie
R		Puree Pork, Puree	Peas and Carrots,	Cook's Choice	<mark>Puree</mark>	<mark>Puree</mark>	Puree White Fish, Puree	
		Turnip, Mashed	Mashed Potatoes, White		Puree Pork with Sweet	Puree Chicken Stew	PEI Blend Vegetables,	
		Potatoes, Gravy	Sauce		and Sour Sauce, Mashed		Mashed Potatoes, Sauce	
		A like we satisfy C	A la constitue C	A la constitue of	Potatoes, Puree Beans		-	
		Alternative: Soup or alternate meat	Alternative: Soup or alternate meat	Alternative: Soup or alternate meat	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or	Alternative: Soup or
	Dossort				alternate meat	alternate meat	alternate meat	alternate meat
	Dessert	Pudding	Mandarin Oranges	Baker's Choice	Ice Cream	Pears	Baker's Choice	Vanilla pudding w/orange
	Nght Lch	Fruit	Ice Cream	Arrowroot	Social Tea	Fruit Newton	Wafer Cookie	Turnover

# MENU WEEK 6 December 3-9, January 14-20, February 25-March 2,

		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
В		Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee	Juice/milk/tea/coffee
R		Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes	Oranges/Prunes
E		Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal	Assorted dry cereal
A K		Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of	Oatmeal/cream of wheat	Oatmeal/cream of
F		wheat	wheat	wheat	wheat	wheat	Toast/muffin	wheat
Α		Toast/muffin	Toast/muffin	Toast/muffin	Toast/muffin	Toast/muffin	Egg- scrambled/boiled	Toast/muffin
S		Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Egg- scrambled/boiled	Yogurt/Cheese	Egg- scrambled/boiled
		Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese	Yogurt/Cheese		Yogurt/Cheese
		Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground
L		Grilled Cheese and	Chili, Bread	Deli plate – rolled deli	Hashbrown Casserole	Western Sandwich Plate	Potato Bacon Soup	Hot Chicken Burgers
U		Tomato Soup		meat (salad for ground),		Potato chips/cheezies	Cake Bread	Side Salad (hot veg for
Ν				macaroni salad, sliced				ground)
С		<mark>Puree</mark>		tomatoes	<mark>Puree</mark>			
Н		Puree Grilled Cheese	Puree Out	<mark>Puree</mark>	Puree Hashbrown	<mark>Puree</mark>	<mark>Puree</mark>	<mark>Puree</mark>
		and Tomato Soup	Puree Chili	Cook's Choice	Casserole	Cook's Choice	Puree Potato Bacon Soup	Cook's Choice
			Albanasta. Carra (Canadrrials					
		Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich	Alternate: Soup/Sandwich
	Dessert	Bananas	Pineapple	Baker's Choice	Blueberries	Pie	Jellied Fruit	Ice Cream
				_				_
	Snack	Toast	Cereal	Oatmeal	Yogurt	Pudding	Fruit	Oranges
	Snack							_
S	Snack	Toast  Regular/Ground  Ham, Scalloped	Cereal  Regular/Ground  Breaded fish, Mashed	Oatmeal  Regular/Ground  Meatloaf, Mashed	Yogurt  Regular/Ground  Potluck, Roasted	Pudding  Regular/Ground  Chicken Breast, Mashed	Fruit  Regular/Ground  Scallops, Mashed	Oranges  Regular/Ground  Bologna Hash,
S U	Snack	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground	Regular/Ground
	Snack	Regular/Ground Ham, Scalloped	Regular/Ground Breaded fish, Mashed	Regular/Ground Meatloaf, Mashed	Regular/Ground Potluck, Roasted	Regular/Ground Chicken Breast, Mashed	Regular/Ground Scallops, Mashed	Regular/Ground Bologna Hash,
U	Snack	Regular/Ground Ham, Scalloped Potatoes, Carrots,	Regular/Ground Breaded fish, Mashed Potatoes, Peas	Regular/Ground Meatloaf, Mashed Potatoes, Green Beans	Regular/Ground Potluck, Roasted potatoes, Mixed	Regular/Ground Chicken Breast, Mashed Potatoes, Mixed	Regular/Ground Scallops, Mashed Potatoes, Winter Blend	Regular/Ground Bologna Hash, Vegetables,
U P	Snack	Regular/Ground Ham, Scalloped Potatoes, Carrots, Cabbage, Mustard Pickles	Regular/Ground Breaded fish, Mashed Potatoes, Peas Tartar Sauce	Regular/Ground Meatloaf, Mashed Potatoes, Green Beans Pickled Beets	Regular/Ground Potluck, Roasted potatoes, Mixed Vegetables, Chow	Regular/Ground Chicken Breast, Mashed Potatoes, Mixed Vegetables, Gravy	Regular/Ground Scallops, Mashed Potatoes, Winter Blend Vegetables, Tartar Sauce	Regular/Ground Bologna Hash, Vegetables, Pickled Beets
U P P	Snack	Regular/Ground Ham, Scalloped Potatoes, Carrots, Cabbage, Mustard Pickles  Puree	Regular/Ground Breaded fish, Mashed Potatoes, Peas Tartar Sauce	Regular/Ground Meatloaf, Mashed Potatoes, Green Beans Pickled Beets  Puree	Regular/Ground Potluck, Roasted potatoes, Mixed Vegetables, Chow	Regular/Ground Chicken Breast, Mashed Potatoes, Mixed Vegetables, Gravy Cranberries  Puree	Regular/Ground Scallops, Mashed Potatoes, Winter Blend Vegetables, Tartar Sauce	Regular/Ground Bologna Hash, Vegetables, Pickled Beets
U P P E	Snack	Regular/Ground Ham, Scalloped Potatoes, Carrots, Cabbage, Mustard Pickles  Puree Puree Ham, Puree	Regular/Ground Breaded fish, Mashed Potatoes, Peas Tartar Sauce  Puree Puree Fish, Puree Peas,	Regular/Ground Meatloaf, Mashed Potatoes, Green Beans Pickled Beets  Puree Puree Meatloaf, Puree	Regular/Ground Potluck, Roasted potatoes, Mixed Vegetables, Chow	Regular/Ground Chicken Breast, Mashed Potatoes, Mixed Vegetables, Gravy Cranberries  Puree Puree Chicken, Puree	Regular/Ground Scallops, Mashed Potatoes, Winter Blend Vegetables, Tartar Sauce  Puree Puree Fish, Puree Winter	Regular/Ground Bologna Hash, Vegetables, Pickled Beets  Puree Puree Bologna Hash,
U P P E	Snack	Regular/Ground Ham, Scalloped Potatoes, Carrots, Cabbage, Mustard Pickles  Puree Puree Ham, Puree Carrots, Mashed	Regular/Ground Breaded fish, Mashed Potatoes, Peas Tartar Sauce	Regular/Ground Meatloaf, Mashed Potatoes, Green Beans Pickled Beets  Puree Puree Meatloaf, Puree Beans, Mashed	Regular/Ground Potluck, Roasted potatoes, Mixed Vegetables, Chow	Regular/Ground Chicken Breast, Mashed Potatoes, Mixed Vegetables, Gravy Cranberries  Puree Puree Chicken, Puree Mixed Vegetables,	Regular/Ground Scallops, Mashed Potatoes, Winter Blend Vegetables, Tartar Sauce  Puree Puree Fish, Puree Winter Blend Vegetables,	Regular/Ground Bologna Hash, Vegetables, Pickled Beets
U P P E	Snack	Regular/Ground Ham, Scalloped Potatoes, Carrots, Cabbage, Mustard Pickles  Puree Puree Ham, Puree	Regular/Ground Breaded fish, Mashed Potatoes, Peas Tartar Sauce  Puree Puree Fish, Puree Peas,	Regular/Ground Meatloaf, Mashed Potatoes, Green Beans Pickled Beets  Puree Puree Meatloaf, Puree	Regular/Ground Potluck, Roasted potatoes, Mixed Vegetables, Chow	Regular/Ground Chicken Breast, Mashed Potatoes, Mixed Vegetables, Gravy Cranberries  Puree Puree Chicken, Puree	Regular/Ground Scallops, Mashed Potatoes, Winter Blend Vegetables, Tartar Sauce  Puree Puree Fish, Puree Winter	Regular/Ground Bologna Hash, Vegetables, Pickled Beets  Puree Puree Bologna Hash,
U P P E	Snack	Regular/Ground Ham, Scalloped Potatoes, Carrots, Cabbage, Mustard Pickles  Puree Puree Ham, Puree Carrots, Mashed Potatoes, Gravy	Regular/Ground Breaded fish, Mashed Potatoes, Peas Tartar Sauce  Puree Puree Fish, Puree Peas, Mashed Potatoes, Sauce	Regular/Ground Meatloaf, Mashed Potatoes, Green Beans Pickled Beets  Puree Puree Meatloaf, Puree Beans, Mashed Potatoes, Gravy	Regular/Ground Potluck, Roasted potatoes, Mixed Vegetables, Chow  Puree  Cook's Choice	Regular/Ground Chicken Breast, Mashed Potatoes, Mixed Vegetables, Gravy Cranberries  Puree Puree Chicken, Puree Mixed Vegetables, Mashed Potatoes, Gravy	Regular/Ground Scallops, Mashed Potatoes, Winter Blend Vegetables, Tartar Sauce  Puree Puree Fish, Puree Winter Blend Vegetables, Mashed Potatoes, Sauce	Regular/Ground Bologna Hash, Vegetables, Pickled Beets  Puree Puree Bologna Hash, Puree Vegetables
U P P E	Snack	Regular/Ground Ham, Scalloped Potatoes, Carrots, Cabbage, Mustard Pickles  Puree Puree Ham, Puree Carrots, Mashed Potatoes, Gravy  Alternative: Soup or	Regular/Ground Breaded fish, Mashed Potatoes, Peas Tartar Sauce  Puree Puree Fish, Puree Peas, Mashed Potatoes, Sauce  Alternative: Soup or	Regular/Ground Meatloaf, Mashed Potatoes, Green Beans Pickled Beets  Puree Puree Meatloaf, Puree Beans, Mashed Potatoes, Gravy  Alternative: Soup or	Regular/Ground Potluck, Roasted potatoes, Mixed Vegetables, Chow  Puree Cook's Choice  Alternative: Soup or	Regular/Ground Chicken Breast, Mashed Potatoes, Mixed Vegetables, Gravy Cranberries  Puree Puree Chicken, Puree Mixed Vegetables, Mashed Potatoes, Gravy  Alternative: Soup or	Regular/Ground Scallops, Mashed Potatoes, Winter Blend Vegetables, Tartar Sauce  Puree Puree Fish, Puree Winter Blend Vegetables, Mashed Potatoes, Sauce  Alternative: Soup or	Regular/Ground Bologna Hash, Vegetables, Pickled Beets  Puree Puree Bologna Hash, Puree Vegetables  Alternative: Soup or
U P P E		Regular/Ground Ham, Scalloped Potatoes, Carrots, Cabbage, Mustard Pickles  Puree Puree Ham, Puree Carrots, Mashed Potatoes, Gravy  Alternative: Soup or alternate meat	Regular/Ground Breaded fish, Mashed Potatoes, Peas Tartar Sauce  Puree Puree Fish, Puree Peas, Mashed Potatoes, Sauce  Alternative: Soup or alternate meat	Regular/Ground Meatloaf, Mashed Potatoes, Green Beans Pickled Beets  Puree Puree Meatloaf, Puree Beans, Mashed Potatoes, Gravy  Alternative: Soup or alternate meat	Regular/Ground Potluck, Roasted potatoes, Mixed Vegetables, Chow  Puree Cook's Choice  Alternative: Soup or alternate meat	Regular/Ground Chicken Breast, Mashed Potatoes, Mixed Vegetables, Gravy Cranberries  Puree Puree Chicken, Puree Mixed Vegetables, Mashed Potatoes, Gravy  Alternative: Soup or alternate meat	Regular/Ground Scallops, Mashed Potatoes, Winter Blend Vegetables, Tartar Sauce  Puree Puree Fish, Puree Winter Blend Vegetables, Mashed Potatoes, Sauce  Alternative: Soup or alternate meat	Regular/Ground Bologna Hash, Vegetables, Pickled Beets  Puree Puree Bologna Hash, Puree Vegetables  Alternative: Soup or alternate meat
U P P E	Dessert Nght Lch	Regular/Ground Ham, Scalloped Potatoes, Carrots, Cabbage, Mustard Pickles  Puree Puree Ham, Puree Carrots, Mashed Potatoes, Gravy  Alternative: Soup or	Regular/Ground Breaded fish, Mashed Potatoes, Peas Tartar Sauce  Puree Puree Fish, Puree Peas, Mashed Potatoes, Sauce  Alternative: Soup or	Regular/Ground Meatloaf, Mashed Potatoes, Green Beans Pickled Beets  Puree Puree Meatloaf, Puree Beans, Mashed Potatoes, Gravy  Alternative: Soup or	Regular/Ground Potluck, Roasted potatoes, Mixed Vegetables, Chow  Puree Cook's Choice  Alternative: Soup or	Regular/Ground Chicken Breast, Mashed Potatoes, Mixed Vegetables, Gravy Cranberries  Puree Puree Chicken, Puree Mixed Vegetables, Mashed Potatoes, Gravy  Alternative: Soup or	Regular/Ground Scallops, Mashed Potatoes, Winter Blend Vegetables, Tartar Sauce  Puree Puree Fish, Puree Winter Blend Vegetables, Mashed Potatoes, Sauce  Alternative: Soup or	Regular/Ground Bologna Hash, Vegetables, Pickled Beets  Puree Puree Bologna Hash, Puree Vegetables  Alternative: Soup or