*Also available with each meal: bread (whole wheat or white), crackers, beverages. * Beverages include water, milk, tea, coffee, juice.

|  |  | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \hline \text { B } \\ & \text { R } \\ & \text { E } \\ & \text { A } \\ & \text { K } \\ & \text { F } \\ & \text { A } \\ & \text { S } \\ & \hline \text { } \end{aligned}$ |  | Juice/milk/tea/coffee Oranges/Prunes <br> Assorted dry cereal <br> Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes <br> Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes <br> Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee <br> Oranges/Prunes <br> Assorted dry cereal <br> Oatmeal/cream of wheat <br> Toast/muffin <br> Egg- scrambled/boiled <br> Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese |
| $\begin{gathered} \mathrm{L} \\ \mathrm{U} \\ \mathrm{~N} \\ \mathrm{C} \\ \mathrm{H} \end{gathered}$ |  | Regular/Ground <br> Turkey Pie/Gravy Vegetables <br> Puree <br> Pureed Turkey Pie and Vegetables <br> Alternate: Soup/Sandwich | Regular/Ground Homemade Chicken Noodle Soup, Biscuit <br> Puree <br> Puree Chicken Soup with Biscuit <br> Alternate: Soup/Sandwich | Regular/Ground Corned Beef Stew Or Cook's Choice <br> Puree <br> Puree Corned Beef Stew <br> Alternate: Soup/Sandwich | Regular/Ground Pancakes and Sausages (Ground Sausages Puree Puree Pancakes and sausages Alternate: Soup/Sandwich | Regular/Ground Lobster Salad in a bun Chips/cheezies <br> Puree <br> Cook's Choice <br> Alternate: Soup/Sandwich | Regular Pizza Day! Ground Pizza Casserole Puree Puree Pizza Casserole Alternate: Soup/Sandwich | Regular/Ground Broccoli Soup Biscuit Puree Pureed Broccoli Soup and Biscuit Alternate: Soup/Sandwich |
|  | Dessert | Bananas | Baker's Choice | Strawberries | Applesauce | Pie | Pears | Ice Cream |
|  | Snack | Social Tea | Fruit Newtons | Wafer Cookies | Turnovers | Graham Crackers | Applesauce Cups | Popsicles |
| $\begin{aligned} & \mathrm{S} \\ & \mathrm{U} \\ & \mathrm{P} \\ & \mathrm{P} \end{aligned}$ |  | Regular/Ground Corned Beef (Ground Corned Beef), Cabbage Gravy, Boiled potatoes Carrots | Regular/Ground Haddock Bites, Mashed Potatoes, California Blend Vegetables Tartar Sauce | Regular/Ground Shake and Bake Chicken (Ground chicken), Mashed Potatoes, Squash, Cranberries | Regular/Ground Liver and Onions (Ground Liver), Roasted Potatoes Waxed beans, Chow | Regular/Ground Pork Chops/Ground Pork, Mushroom Gravy, Mashed Potatoes Broccoli, Applesauce | Regular/Ground Parmesan Salmon, Mashed Potatoes, Peas Chow | Regular/Ground Honey Garlic Meatballs Potatoes, Mixed vegetables, Bread and Butter Pickles |
| R |  | Puree Pureed Corned Beef, Carrots, Mashed Potatoes, Gravy | Puree <br> Puree Fish, Mashed Potatoes, Vegetables | Puree Puree Chicken, Squash, Mashed Potatoes | Puree Cook's Choice | Puree <br> Puree Pork, Gravy, Puree Broccoli, Mashed Potatoes, Applesauce | Puree <br> Puree Salmon, Puree Peas, Mashed Potatoes | Puree <br> Puree Meatballs, Puree <br> Vegetables, Mashed Potatoes |
|  |  | Alternative: Soup or alternate meat | Alternative: Soup or alternate meat | Alternative: Soup or alternate meat | Alternative: Soup or alternate meat | Alternative: Soup or alternate meat | Alternative: Soup or alternate meat | Alternative: Soup or alternate meat |
|  | Dessert | Baker's Choice | Peaches | Baker's Choice | Ice Cream | Pineapple | Baker's Choice | Butterscotch Pudding |
|  | Nght Lch | Crackers with PB | Toast | Cereal | Oatmeal | Yogurt | Pudding | Fruit |

*Also available with each meal: bread (whole wheat or white), crackers, beverages. ${ }^{*}$ Beverages include water, milk, tea, coffee, juice.

|  |  | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \hline \mathrm{B} \\ & \mathrm{R} \\ & \mathrm{E} \\ & \mathrm{~A} \\ & \mathrm{~K} \\ & \mathrm{~F} \\ & \mathrm{~A} \\ & \mathrm{~S} \\ & \mathrm{~T} \end{aligned}$ |  | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee <br> Oranges/Prunes <br> Assorted dry cereal <br> Oatmeal/cream of wheat <br> Toast/muffin <br> Egg- scrambled/boiled <br> Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese |
| $\begin{gathered} \mathrm{L} \\ \mathrm{U} \\ \mathrm{~N} \\ \mathrm{C} \\ \mathrm{H} \end{gathered}$ |  | Regular/Ground Cheese Omelet, Side Salad (hot veg for ground), Bread <br> Puree Cook's Choice <br> Alternate: Soup/Sandwich | Regular/Ground Macaroni and Cheese <br> Puree <br> Puree Macaroni and Cheese <br> Alternate: Soup/Sandwich | Regular/Ground Split Pea Soup Bread <br> Puree Puree Split Pea Soup <br> Alternate: Soup/Sandwich | Regular/Ground Baked Beans and Biscuit <br> Puree <br> Puree Baked Beans <br> Alternate: Soup/Sandwich | Regular/Ground Pullled Pork Sandwich plate, Chips/cheezies <br> Puree Cook's Choice <br> Alternate: Soup/Sandwich | Regular/Ground Harvest Squash Soup Roll Puree Puree Harvest Squash Soup Alternate: Soup/Sandwich | Regular/Ground Chicken Fried Rice <br> Puree Puree Chicken Fried Rice <br> Alternate: Soup/Sandwich |
|  | Dessert | Bananas | Blueberries | Baker's Choice | Fruit Cocktail | Pie | Vanilla Pudding w/oranges | Bananas |
|  | Snack | Arrowroot | Ice Cream | Social Tea | Newtons | Wafer Cookies | Turnovers | Graham Crackers |
| S U P P E |  | Regular/Ground Chicken Breast (Ground Chicken), Gravy, Dressing, Mashed Potatoes, Turnip Cranberries | Regular/Ground Fish Filet Burgers French Fry Wedges Chow | Regular/Ground Pork Loaf, Mashed Potatoes, Mixed Vegetables, Pickles | Regular/Ground Chicken Flings, Scalloped Potatoes Broccoli and Cauliflower Chow | Regular/Ground Beef Stew, Dumplings, Potatoes, Turnip, Carrots, Chow | Regular/Ground Fish Cakes, Peas Chow | Regular/Ground Breaded Riblets (Ground Pork), Mashed potatoes Mixed Vegetables Pickles |
|  |  | Puree <br> Puree Chicken, Gravy, Mashed Potatoes, Turnip | Puree <br> Puree Fish, Mashed Potatoes, Puree Vegetable | Puree <br> Puree Pork, Mashed Potatoes, Puree Mixed Vegetables | Puree <br> Puree Chicken, Puree Broccoli/Cauliflower, Mashed Potatoes | Puree <br> Puree Beef Stew | Puree <br> Puree Fish, Puree Peas, Mashed Potatoes | Puree <br> Puree Pork, Puree <br> Mixed Vegetables, <br> Mashed Potatoes |
|  |  | Alternative: Soup or alternate meat | Alternative: Soup or alternate meat | Alternative: Soup or alternate meat | Alternative: Soup or alternate meat | Alternative: Soup or alternate meat | Alternative: Soup or alternate meat | Alternative: Soup or alternate meat |
|  | Dessert | Baker's Choice | Baker's Choice | Tropical Fruit Salad | Ice Cream | Apricots | Stewed Rhubarb | Ice Cream |
|  | Nght Lch | Applesauce Cups | Popsicles | Crackers with ch whiz | Toast | Cereal | Oatmeal | Yogurt |

*Also available with each meal: bread (whole wheat or white), crackers, beverages. * Beverages include water, milk, tea, coffee, juice

|  |  | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| P <br> R <br> R <br> E <br> A <br> K <br> F <br> A <br> S <br> S <br> T |  | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes <br> Assorted dry cereal <br> Oatmeal/cream of wheat <br> Toast/muffin <br> Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes <br> Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes <br> Assorted dry cereal <br> Oatmeal/cream of wheat <br> Toast/muffin <br> Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee <br> Oranges/Prunes <br> Assorted dry cereal <br> Oatmeal/cream of wheat <br> Toast/muffin <br> Egg- scrambled/boiled <br> Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes <br> Assorted dry cereal <br> Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese |
| $\begin{gathered} \mathrm{L} \\ \mathrm{U} \\ \mathrm{~N} \\ \mathrm{C} \\ \mathrm{H} \end{gathered}$ |  | Regular/Ground Grilled Swiss Cheese sandwiches, Side Salad (tomato soup for ground) Puree Cook's Choice <br> Alternate: Soup/Sandwich | Christmas Day <br> Turkey Dinner <br> Regular Menu <br> Regular/Ground <br> Bacon and Eggs (Bacon 'bits' for ground) Puree Cook's Choice <br> Alternate: Soup/Sandwich | Regular/Ground Fish Chowder, Bread <br> Puree Cook's Choice <br> Alternate: Soup/Sandwich | Regular/Ground Spaghetti with marinara sauce and cheese <br> Puree Puree Spaghetti with Marinara Sauce and Cheese <br> Alternate: Soup/Sandwich | Regular/Ground Sandwich plate Chips/cheezies <br> Puree Cook's Choice <br> Alternate: Soup/Sandwich | Regular/Ground Homemade Chicken Vegetable Soup, Roll <br> Puree Puree Homemade Chicken Veg Soup <br> Alternate: Soup/Sandwich | Regular/Ground Hamburgers with tomatoes and cheese <br> Puree Cook's Choice <br> Alternate: Soup/Sandwich |
|  | Dessert | Chocolate pudding | Peaches | Ambrosia | Ice Cream | Pie | Baker's Choice | Bananas |
|  | Snack | Graham Crackers | Applesauce Cups | Popsicle | Crackers with PB | Toast | Cereal | Oatmeal |
| $\begin{gathered} \mathrm{S} \\ \mathrm{U} \\ \mathrm{P} \\ \mathrm{P} \\ \mathrm{E} \\ \mathrm{R} \end{gathered}$ |  | Christmas Eve <br> Lobster Plate <br> Regular Menu <br> Regular/Ground <br> Roast Beef, Mashed <br> Potatoes, Gravy, Turnip <br> Pickled Beets <br> Puree <br> Puree Roast Beef, Puree <br> Turnip, Gravy, Mashed Potatoes <br> Alternative: Soup or alternate meat | Regular/Ground Fish and Chips (Guinness <br> Beer Battered Cod Filets), French Fries, Tartar Sauce, Peas <br> Puree <br> Puree White Fish, Puree Peas, Mashed Potatoes, White Sauce <br> Alternative: Soup or alternate meat | Regular/Ground Hot Beef Sandwich Mixed vegetables <br> Puree Cook's Choice <br> Alternative: Soup or alternate meat | Regular/Ground <br> Fried Bologna, Roasted <br> Potatoes, Diced Beets Pickle <br> Puree <br> Puree Bologna, Puree <br> Beets, Mashed Potatoes <br> Alternative: Soup or alternate meat | Regular/Ground Sweet and Sour Pork, Rice, Green Beans Pickle <br> Puree <br> Puree Pork with Sweet and Sour Sauce, Puree Green Beans, Mashed Potatoes <br> Alternative: Soup or alternate meat | Regular/Ground Baked Haddock and Cheese Sauce, Mashed Potatoes, Broccoli Cauliflower, Pickle <br> Puree <br> Puree White Fish with Cheese Sauce, Puree Broccoli and Cauliflower, Mashed Potatoes <br> Alternative: Soup or alternate meat | Regular/Ground Corned Beef Hash, Diced Carrots, Chow <br> Puree <br> Puree Corned Beef Hash, Puree Carrots <br> Alternative: Soup or alternate meat |
|  | Dessert | Baker's Choice | Baker's Choice | Baker's Choice | Applesauce | Mandarin Oranges | Jellied Fruit | Ice Cream |
|  | Nght Lch | Yogurt | Pudding | Fruit | Ice Cream | Arrowroot | Social Tea | Fruit Newton |

*Also available with each meal: bread (whole wheat or white), crackers, beverages. * Beverages include water, milk, tea, coffee, juice.

|  |  | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \hline \mathrm{B} \\ & \mathrm{R} \\ & \mathrm{E} \\ & \mathrm{~A} \\ & \mathrm{~K} \\ & \mathrm{~F} \\ & \mathrm{~A} \\ & \mathrm{~S} \\ & \mathrm{~T} \end{aligned}$ |  | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee <br> Oranges/Prunes <br> Assorted dry cereal <br> Oatmeal/cream of <br> wheat <br> Toast/muffin <br> Egg- scrambled/boiled <br> Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee <br> Oranges/Prunes <br> Assorted dry cereal <br> Oatmeal/cream of <br> wheat <br> Toast/muffin <br> Egg- scrambled/boiled <br> Yogurt/Cheese | Juice/milk/tea/coffee <br> Oranges/Prunes <br> Assorted dry cereal <br> Oatmeal/cream of wheat <br> Toast/muffin <br> Egg- scrambled/boiled <br> Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin Egg- scrambled/boiled Yogurt/Cheese |
| $\begin{gathered} \mathrm{L} \\ \mathrm{U} \\ \mathrm{~N} \\ \mathrm{C} \\ \mathrm{H} \end{gathered}$ |  | Regular/Ground Western Omelet, Diced Carrots, Bread <br> Puree <br> Cook's Choice <br> Alternate: Soup/Sandwich | New Year's Day Turkey Dinner Regular Menu Regular/Ground Hot Dogs, Sauerkraut Puree Cook's Choice <br> Alternate: Soup/Sandwich | Shrove Tuesday Feb 13 Regular/Ground Corn Chowder, Piece of Cheese, Biscuit <br> Puree Cook's Choice | Regular/Ground Pancakes Sausage Rounds (Ground sausage for ground texture) Puree Puree Pancakes and Sausages Alternate: Soup/Sandwich | Regular/Ground Tuna/Ham Melts Side Salad (hot veg for grounds) <br> Puree Cook's Choice <br> Alternate: Soup/Sandwich | Regular/Ground Cream of Cauliflower Soup, Roll, (cook 4 bags hamburger for Sat supper) Puree Puree Cream of Cauliflower Soup <br> Alternate: Soup/Sandwich | Regular/Ground <br> Chicken Nuggets Onion rings/French fries <br> Puree Cook's Choice <br> Alternate: Soup/Sandwich |
|  | Dessert | Baker's Choice | Strawberries | Pears | Apricots | Pie | Baker's Choice | Bananas |
|  | Snack | Wafer Cookies | Turnovers | Graham Crackers | Applesauce Cup | Popsicle | Crackers with Ch Whiz | Toast |
| S U P P E R |  | Regular/Ground Steak/Mushrooms Onions/Gravy, Mashed Potatoes, Turnip Bread butter Pickles <br> Puree <br> Puree Beef, Puree Turnip, Mashed Potatoes, Gravy <br> Alternative: Soup or alternate meat | Regular/Ground Cod Nuggets, Steamed Potatoes, California Mixed Vegetables, Tartar Sauce <br> Puree <br> Puree Fish, Puree California Mixed Vegetables, Mashed Potatoes, Sauce <br> Alternative: Soup or alternate meat | Regular/Ground Hamburger Gravy, Mashed Potatoes Broccoli/Cauliflower Chow <br> Puree <br> Puree Hamburger Gravy, Puree Broccoli, Cauliflower, Mashed Potatoes <br> Alternative: Soup or alternate meat | Regular/Ground BBQ Ribs (Ground Pork with Gravy), Roasted Potatoes, Wax beans Pickles <br> Puree Cook's Choice <br> Alternative: Soup or alternate meat | Regular/Ground Chinese Theme Night! Chicken Fried Rice, Chicken Balls, Egg rolls Sweet and Sour Sauce <br> Puree Cook's Choice <br> Alternative: Soup or alternate meat | Regular/Ground Dill Salmon Filets, Mashed Potatoes, Green Beans, Tartar Sauce <br> Puree <br> Puree Salmon, Puree Green Beans, Mashed Potatoes, Sauce <br> Alternative: Soup or alternate meat | Regular/Ground Lasagna, Toss Salad (6 pans, 4 sauce) <br> Puree Puree Lasagna <br> Alternative: Soup or alternate meat |
|  | Dessert | Tropical Fruit Salad | Baker's Choice | Baker's Choice | Ice Cream | Pineapple | Fruit Cocktail | Ice Cream |
|  | Nght Lch | Cereal | Oatmeal | Yogurt | Pudding | Fruit | Ice Cream | Arrowroots |

*Also available with each meal: bread (whole wheat or white), crackers, beverages. * Beverages include water, milk, tea, coffee, juice.

|  |  | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| B R E A K F A S T |  | Juice/milk/tea/coffee <br> Oranges/Prunes <br> Assorted dry cereal Oatmeal/cream of wheat <br> Toast/muffin <br> Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee <br> Oranges/Prunes <br> Assorted dry cereal Oatmeal/cream of wheat <br> Toast/muffin <br> Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat <br> Toast/muffin <br> Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat <br> Toast/muffin <br> Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee Oranges/Prunes Assorted dry cereal Oatmeal/cream of wheat Toast/muffin <br> Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee <br> Oranges/Prunes <br> Assorted dry cereal <br> Oatmeal/cream of wheat Toast/muffin <br> Egg- scrambled/boiled Yogurt/Cheese | Juice/milk/tea/coffee <br> Oranges/Prunes <br> Assorted dry cereal <br> Oatmeal/cream of wheat <br> Toast/muffin <br> Egg- scrambled/boiled Yogurt/Cheese |
| L U N C H | SOUP ENTRÉE | Easter Dinner Ham Dinner <br> Regular Menu Regular/Ground Goulash Puree Puree Goulash <br> Alternate: Soup/Sandwich | Regular/Ground Quiche, Side Salad (hot veg for ground) <br> Puree Cook's Choice | Regular/Ground Baked Chicken Salad Casserole <br> Puree <br> Puree Baked Chicken Salad Casserole <br> Alternate: Soup/Sandwich | Regular/Ground Macaroni and Cheese <br> Puree <br> Puree Macaroni and Cheese | Regular/Ground Seafood Sandwich Chips/Cheezies <br> Puree Cook's Choice <br> Alternate: Soup/Sandwich | Regular/Ground Baked Beans and Brown <br> Bread <br> Puree <br> Puree Baked Beans <br> Alternate: Soup/Sandwich | Regular/Ground Homemade Beef and Barley Soup, Biscuit <br> Puree <br> Puree Homemade Beef and Barley Soup <br> Alternate: Soup/Sandwich |
|  | Dessert | Baker's Choice | Baker's Choice | Peaches | Applesauce | Pie | Stewed Rhubarb | Ice Cream |
|  | Snack | Crackers with PB | Toast | Cereal | Oatmeal | Yogurt | Pudding | Crackers with Whiz |
| S U P P E R | SOUP ENTREE | Regular/Ground Roast Pork, Turnip, Gravy, Mashed Potatoes <br> Bread and Butter <br> Pickles <br> Puree <br> Puree Pork, Puree <br> Turnip, Mashed <br> Potatoes, Gravy <br> Alternative: Soup or alternate meat | Regular/Ground <br> Breaded Fish, Potatoes <br> Peas and carrots, Chow <br> Puree <br> Puree White Fish, Puree <br> Peas and Carrots, <br> Mashed Potatoes, White Sauce <br> Alternative: Soup or alternate meat | Regular/Ground Hot Pork Sandwich, Mixed vegetables, Pickles <br> Puree Cook's Choice <br> Alternative: Soup or alternate meat | Regular/Ground Sweet and Sour <br> Sausages (Ground Pork with Gravy), Steamed Potatoes, Waxed Beans Mustard Pickles Puree <br> Puree Pork with Sweet and Sour Sauce, Mashed Potatoes, Puree Beans Alternative: Soup or alternate meat | Regular/Ground Chicken Stew, Dumplings, Potatoes Carrots, Turnip Cranberries <br> Puree <br> Puree Chicken Stew <br> Alternative: Soup or alternate meat | Regular/Ground <br> Fried Haddock, Mashed <br> Potatoes, PEI Blend <br> Vegetables, Tartar Sauce <br> Puree <br> Puree White Fish, Puree PEI Blend Vegetables, Mashed Potatoes, Sauce <br> Alternative: Soup or alternate meat | Regular/Ground Chicken Shepherd's Pie <br> Puree <br> Puree Chicken Shepherd's Pie <br> Alternative: Soup or alternate meat |
|  | Dessert | Pudding | Mandarin Oranges | Baker's Choice | Ice Cream | Pears | Baker's Choice | Vanilla pudding w/orange |
|  | Nght Lch | Fruit | Ice Cream | Arrowroot | Social Tea | Fruit Newton | Wafer Cookie | Turnover |

*Also available with each meal: bread (whole wheat or white), crackers, beverages. (* Beverages include water, milk, tea, coffee, juice.)


